



# Temple Israel - BULLETIN



*"Serving Long Island and World Jewry"*

VOLUME 293

ISSUE 223

MAY 2020

5780



## WEEKLY SHABBAT SERVICES

### INSIDE THIS ISSUE:

|                           |     |
|---------------------------|-----|
| <i>Rabbi's Column</i>     | 2-3 |
| <i>President's Column</i> | 4-5 |
| <i>Cantor's Column</i>    | 6   |
| <i>Religious School</i>   | 7   |
| <i>Funds</i>              | 9   |
| <i>Calendar</i>           | 10  |
| <i>Shavu'ot Recipes</i>   | 12  |

### TEMPLE OFFICE HOURS & PHONE NUMBERS

Monday-Thursday 9 am- 5 pm  
Friday 9 am-3 pm

Rabbi (emergency only)  
1-917-687-9640

Cantor  
516-239-1140

Temple Office  
516-239-1140

Dr. Jay H. Rosenbaum.....Rabbi  
Dr. Galina Makaveyev.....Cantor  
Dr. Douglas Segan.....President

The Temple Israel Bulletin  
is published monthly at  
Temple Israel  
140 Central Ave  
Lawrence, NY 11559

Friday, May 1 – Virtual Service 7:00 PM  
Saturday, May 2—Virtual Torah Study and Service 9:30 AM

ACHAREI MOT/KEDOSHIM  
Torah Portion: Leviticus 16:1-20:27  
Haftorah Portion: Ezekiel 22:1-19

Friday, May 8 – Virtual Service 7:00 PM  
Saturday, May 9—Virtual Torah Study and Service 9:30 AM

EMOR  
Torah Portion: Leviticus 21:1-24:23  
Haftorah Portion: Ezekiel 44:15-31

Friday, May 15 – Virtual Service 7:00 PM  
Saturday, May 16—Virtual Torah Study and Service 9:30 AM

BEHAR/BECHUKOTAI  
Torah Portion: Leviticus 25:1-27:34  
Haftorah Portion: Jeremiah 16:19-17:14

Friday, May 22 – Virtual Service 7:00 PM  
Saturday, May 23—Virtual Torah Study and Service 9:30 AM

BAMIDAR  
Torah Portion: Numbers 1:1-4:20  
Haftorah Portion: Hosea 2:1-22

Friday, May 29 – Virtual Service 7:00 PM  
Saturday, May 30—Virtual Torah Study and Service 9:30 AM

SHENI SHEL SHAVU'OT  
Torah Portion: Deuteronomy 14:22-16:17  
Haftorah Portion: Habakkuk 2:20-3:19

For current information regarding attending our virtual services and more, please visit our Facebook, Twitter or Instagram pages. Email updates are being sent to those people who have supplied us with emails. If you are not receiving emails from us or would like to add someone to our email list, please call the Temple and leave a message.



## A WORD TO THE WISE RABBI JAY H. ROSENBAUM

### FINDING A SAFE HARBOR IN A PANDEMIC

Dear members of my extended family whom I love and cherish,

I send you this article as we make our journey from Passover to Shavuot, an odyssey that took us from physical slavery to spiritual freedom and liberation. In this spirit, I offer prayers each day for each of us that in the days ahead we be freed from this 11th plague of Egypt and go forward in safety and good health to resume our lives fully with those we love and who love us.

Now I have come to learn through my years in the rabbinate, that safety and security is as much a spiritual and emotional state of being as it is physical. Indeed, it is the soul - the Neshamah that strengthens, uplifts and gives a sense of well-being.

It is to this mission that we each in our own way and profound love for our Temple Israel Family have committed ourselves during this trying time. We have found strength in unity as we quickly came to see in word and deed that we are not alone, that we are all in this together and together we will emerge stronger than before, Lev Echad - of one heart to build and rebuild.

Though, at the seder table on Passover the opening words of the four questions "why is this night different from all other nights?" took on new meaning as for many of us and the royalty that usually graces our Seders, our children and grandchildren were physically absent from our tables. The miracle of modern technology enabled us to have the nachash of hearing not only our grandchildren, but also the grandchildren and children of the members of our Temple chant the four questions.

Our worship services on Friday evenings when we raise our voices together in prayer is an affirmation that while the reality of our day requires us to be physically distant from one another, we remain spiritually conjoined with one another and with God who is never distant from us if we but seek Adonai for "The Lord is our Shepherd."

Concluding our festival of Passover with the Yizkor service, taking into our hearts and our homes our beloved departed who passed from this life into life everlasting, we draw strength from one another and our faith which affirms immortality and teaches that love and life are stronger than death, for love and life are eternal for all time.

There is no question these are daunting times. As we set course for that safe harbor, which with God's help we will soon reach, let us find courage and strength in the knowledge that we are making the journey together. We are here for each other, and I am here for you. So, don't hesitate to pick up the phone even if it's just to call and say hello.

Stay safe - Stay strong - Stay healthy. Most of all - May God Bless us. Am Yisrael Chai now and always.

With love,

Rabbi Jay Rosenbaum  
917-687-9640

**URGENT – CENSUS 2020**

Dear Friends,

Temple Israel has been given the honor of being co-Chair of the Faith-based Institutions of Nassau County’s 2020 Census Complete Count.

Your participation in the census will have a profound financial impact upon a wide array of services in our county including our representation in Washington.

You count, so be counted in this year’s census.

Rabbi Jay Rosenbaum

Shavuot Recipes continued from Back Cover of this issue.

**Ellen Gword’s Blintzes Souffle**

Prep Time: 20 mins. Cook Time 40-50 mins. Total Time: 1 hr-70 mins. Serves 3 or more

Note: Use as many Blintzes as you want based on the size of your baking or casserole dish. Just follow the “formula” for the sauce. If you do not have blintzes, you can substitute our favorite crepe recipe and fill them with fruit or farmer type cheese.

**Ingredients**

Frozen Cheese Blintzes and/  
or Frozen Fruit Blintzes  
½ stick of unsalted butter  
Eggs (see directions)  
Sugar (see directions)  
Vanilla (see directions)  
Sour cream (see directions)

**Directions**

Melt unsalted butter in bottom of baking dish or casserole.  
Add frozen blintzes in a single layer- any combination you like.  
(All cheese, all fruit or combination)  
Coat the blintzes in the melted butter.

**Sauce:**

For every 6 blintzes - mix two beaten eggs, ¼ cup sugar,  
½ tsp. vanilla and ½ cup sour cream  
Pour mixture over blintzes and bake in a 350 degrees oven for 40 to 50  
minutes.

NOTE: These recipes are flexible in that you can substitute the listed ingredients with what you have on hand. Enjoy and happy cooking.



PRESIDENT'S MESSAGE  
DR. DOUGLAS SEGAN

We are Here to Serve You

The banner at the top of our Temple bulletin boldly announces, "Serving Long Island and World Jewry."

I always thought that this expression was a bit of hyperbole. Then the Pandemic of 2020 arrived. Now, I realize that serving our local, national and worldwide Jewish community is exactly our purpose.

Serving you and your family during this crisis is precisely what we will do.

The Rabbi, Cantor, our Team in our virtual office, every officer and every trustee are committed to be of service to you during this worldwide tragedy.

We will serve your childrens' educational needs with online religious school on Monday and Tuesday evenings.

We will serve your thirst for education with a broad variety of adult educational events every Wednesday evening.

We will serve your innate human need to stay spiritually connected even when physically apart with our social happy hour every Thursday evening.

We will serve your longing for meaningful prayer, calming songs and words of hope with Shabbat services every Friday night.

We will serve your need for intellectual stimulation and lively discussion with Saturday morning Torah study.

We know that some members will be facing severe financial challenges and food insecurity during this crisis and we are here to help serve our members dealing with economic hardship.

We know that everyone is understandably concerned that illness and tragedy will strike their family. The Rabbi and Cantor are on call for you at all times and will help you and your family through this nightmare.

Serving our members and Jews all over Long Island, America and the World is not just a boastful banner on our bulletin.

I am proud and honored to unequivocally state as your Temple President that our Temple community is committed to serving you and your family and helping you navigate through this Pandemic.

### Haiku for Jews and a Few Quotes from TR

In the midst of this crisis, one of the surprising sources of solace that I have found has been rediscovering meaningful books that I have neglected for decades. If you are a bibliophile like me, it is like catching up with an old friend.

Many years ago, my dear friend Veronica (now living in San Francisco) gave me a copy of *Haikus for Jews* by David Bader. It is a tiny book, but what it lacks in heft it makes up for in profound insight and abundant humor. A few samples:

Five thousand years a  
Wandering people - then we  
Found the cabanas.

Hey! Get back indoors!  
Whatever you were doing  
Could put an eye out.

Today I am a  
Man. Tomorrow I return  
To the seventh grade.

Beyond Valium,  
The peace of knowing one's child  
Is an internist.

Some of my favorite quotes for inspiration when the world is being tough come from Teddy Roosevelt:

-The only man who never makes mistakes is the man who never does anything.

-People don't care how much you know until they know how much you care.

-In any moment of decision, the best thing you can do is the right thing. The worst thing you can do is nothing.

I hope and pray that everyone stays safe and healthy and this pandemic ends quickly.

Doug Segan

## **Hadassah Nassau Stem Cell Virtual Walk-a-Thon 2020** **May 3, 2020 - Rain or Shine**

For more information, please visit:

Please visit [http://wzoa.convio.net/site/TR?fr\\_id=1281&pg=entry](http://wzoa.convio.net/site/TR?fr_id=1281&pg=entry)



**GREETINGS FROM  
CANTOR GALINA MAKAVEYEV**

Dear Temple Israel Family,

Thank you for your support and dedication to our beloved Temple Israel. May we all go from strength to strength!

I would like to thank the members of our Congregational Choir for lifting their voices up and leading our congregation in song and our Religious and Hebrew High School students' participation in the readings of "The Declaration of the Establishment of the State of Israel" during *Yom Ha-Azmaut Shabbat* Service on Friday, April 24th.

I would like to thank Dr. Matthew Lewis for the beautiful music and Rabbi Jay Rosenbaum for his insightful sermons and responding to the theological questions our students raise during our school classes. I would like to thank our visionary leadership and our President Dr. Doug Segan, our Temple office staff, Ellen Gwozd and Theresa Whalen; Executive Director Alan Freedman and Trustee Damian Giorlando for keeping our Temple's virtual events running smoothly and ensuring the significance of our Shabbat services, special programs and get together events. I am honored to be a part of this remarkable team and look forward to achieving a greater impact on our Temple community and its life as we work together.

I would like to highlight our new program "Social Gatherings on Thursday Nights" where through music, dance, comedy, and trivia we join together in unity as we focus on goodness and hope that we find within ourselves during these challenging times. A special thank you to my co-host, Elaine Prusack, for her perception, creativity, time and effort. Elaine and I would like to thank all of you for your support and presence. We are looking forward to seeing everyone at these virtual events; so, please stay tuned to our weekly Temple emails with the information about upcoming programs.

As you all know, our Religious and Hebrew High School are in full session. I would like to thank our Vice-President Fred Rudin, Rabbi Rosenbaum, and our teachers for their hard work in ensuring that our students continue their learning and evolving during our virtual classes. Also, I would like to thank our school mothers for their time and input during our Mom's Lunch last Saturday, April 25<sup>th</sup>, when we discussed new ways of engaging our students and making their learning experiences constructive and significant.

I believe that in order to continue being an effective and credible Cantor and Director of Jewish Education, my professional development is a key to providing an outstanding service and an exceptional care for our members. I am proud to announce that I completed the 3<sup>rd</sup> Unit of Clinical Pastoral Education Training at the Mount Sinai South Nassau Hospital. I would like to thank our leadership and the Chizner family for their support and providing resources for my professional development.

Our Jewish tradition enlightens us that a productive, meaningful and purposeful life can be achieved when a person reaches in three directions – inward to oneself; up to God; and out to others." I believe that my mission, as Cantor and Director of Religious School, is to connect and empower our congregants through music, teaching and relational bond to build a vibrant and rich Jewish life, so that we all can live up to our responsibility to partner with the Holy One to create a world of compassion, joy, justice, wholeness and holiness.

**REED RELIGIOUS SCHOOL**  
**CANTOR GALINA MAKAVEYEV**  
**DIRECTOR OF EDUCATION**

**SCHOOL CALENDAR, MAY 2020**

5/5 - Religious School  
 5/12 - Religious School  
 5/19 - Religious School  
 5/26 - Religious School's Last Day – Virtual Ice-cream Party  
 5/29 - FRIDAY, Awards/Moving Up Ceremony – Shavuot Shabbat Service 7:00 PM

Dear Families,

The last month has been extremely demanding for everyone. In addition to going into high gear to create mechanisms for maintaining the normality in your lives, we had to continue creating new opportunities for our students' learning and sustaining a sense of community in our school. Our vibrant ongoing program of weekly virtual classes helps everyone stay connected and supported. Its impact is evident and promising. We will continue to work together with our students and their families, through challenging times, to build today so that our community can thrive tomorrow and serve everyone to ensure a strong future for American Jewry in the months and years to come.

During our virtual school, our students sharpened their Hebrew reading skills with *Morah* Shari, learned about the holiday of Passover with *Morah* Sabina, and discussed the differences between *mitzvah* and *tzedakah* with *Morah* Lauren. Together with Rabbi Rosenbaum, the stories were read by students and discussions on how we know where God is in times of disorder and uncertainty. I would like to thank *Morah* Lauren Franklin, our 1<sup>st</sup> - 3<sup>rd</sup> grade teacher, for introducing our students to a mitzvah project that she started in March called Moms Making Masks. Mothers have organized over 150 "workers" throughout all of Long Island to donate materials, cut and sew masks and make headbands for the nurses. Over 3,000 masks were donated to the frontlines and essential personnel. As a part of this project, our students were making Get Well cards and Thank You notes to the hospital patients and medical staff.

We feel so blessed that we shared this incredible year together. It has been an honor to watch our Religious and Hebrew High School students grow and evolve spiritually through learning about Jewish faith and understanding the role of Judaism in their lives. To witness all their accomplishments and see how they developed such pride and love to our Spiritual Land, Israel, Hebrew language, Jewish traditions, Jewish culture and our Temple, was gratifying and meaningful.

We want to thank everyone who provides resources for us to have so many unique experiences. Our contributors are: Joan Brickman, Kaufman Family, Krim Family, Price Family, Rudin Family, Sklar Family and the Swerdin Family. Also, our Parents, School Educators, Temple Office staff, Vice-President Fred Rudin, and Rabbi Jay Rosenbaum for their hard work and efforts so we continue striving to deeply engage our tradition through learning and shared experiences for our students.

*Shalom u'Vracha*, Blessings and Peace,  
 Cantor Galina Makaveyev

**MAY ANNIVERSARIES**

Linda and Bruce Bergman  
 Heather and Peter Boneparth  
 Casey and Richard Bodian,  
 Joan and Terence Cohen  
 Barbara and Tom Egan  
 Cindy and Stephen Finkelstein  
 Jennifer and Mike Freedberg  
 Brooke and Damian Giorlando  
 Stefanie and Edward Gottlieb  
 Bonnie and William Henry

Judy and Neil Menashe  
 Lenore and Dr. David Wasser

**May Birthdays**

Bruce Bergman  
 Gail Blaustein  
 Richard Bodian  
 Elina Ciobanu  
 Joan Cohen  
 Sydney Engel  
 Jonathan Gold  
 Rhona Hutton

Elvira Kolchinskaya  
 Geri Krim  
 Cheryl May  
 Judy Menashe  
 Marcia Meshonek  
 Rachel Morgenroth  
 Larry Reichenberg  
 James Rotenberg  
 Fred Schornstein  
 Inez Simens  
 Lenore Wasser  
 Roger Werner

We apologize if your anniversary or birthday is not listed above.

**Our Local food vendors that are open as of today.**

Bagel Boss in Hewlett -Pick-up and Delivery

Lido Deli-Pick-up and Delivery

Walls-Pick-up only, call in advance.

Foodtown-shopping in store. No delivery.

**SAVE THE DATE!**

**SPRING CANTORIAL CONCERT—FRIDAY, JUNE 5, 2020**

(We will update you if we must hold this uplifting musical event online.)

***FEATURING YOUR FAVORITE SONGS BY  
 JAY BLACK AND THE AMERICANS***

***Cantor Galina Makaveyev, Dr. Matthew Lewis, Musical Director  
 The Congregational Choir***

Follow Temple Israel:

<https://www.facebook.com/TILNY.ORG>

[https://www.instagram.com/tilny\\_org](https://www.instagram.com/tilny_org)

<https://twitter.com/tilnyorg>

Our e-mail addresses at the Temple:

Doug is: [doug.segan@tilny.org](mailto:doug.segan@tilny.org)

Ellen is: [ellen.gwozd@tilny.org](mailto:ellen.gwozd@tilny.org)

Theresa is: [theresa.whalen@tilny.org](mailto:theresa.whalen@tilny.org)

Alan is: [alan.freedman@tilny.org](mailto:alan.freedman@tilny.org)



**DONATIONS AND CONTRIBUTIONS****CANTOR'S DISCRETIONARY FUND***In loving memory of:*

Svetlana Firdman, beloved mother  
 Dr. Vadim Firdman  
 Linda Hall, beloved mother  
 Cheryl May  
 Sidney Kass, beloved father-in-law  
 Betsy Kass  
 Eugene Maltz, beloved father-in-law  
 Zipora Maltz

**GENERAL FUND***In loving memory of:*

Laura Brizinova, beloved mother  
 Semen Portnoy, beloved father  
 Margarita & Igor Portnoy  
 Janice Kostroff  
 Marcia R. Siebzeher, PhD  
 Marcia Meshonek

**IRA HIMMELSTEIN MEMORIAL FUND***In loving memory of:*

Betty Ann Kahn  
 Bea Franklin

**RABBI'S DISCRETIONARY FUND***In loving memory of:*

Sam Haber, beloved father  
 Dr. & Mrs. Calvin Haber  
 Elliot Kass, beloved husband  
 Betsy Kass

**JUDY & BEN SEGAN ADULT EDUCATION FUND***In loving memory of:*

Martin Brownstein, beloved brother-in law of Dr. Bednoff  
 Geri, Alan, Sarah & Steven Krim  
 Betty Ann Kahn  
 Stefanie & Ed Gottlieb  
 Stanley Howard Levin, beloved father of Alyse Levin  
 Geri, Alan, Sarah & Steven Krim  
 Wayne Price  
 Jackie & Steven Alberts

**WAYNE PRICE MEMORIAL FUND***In loving memory of Wayne Price:*

Deborah Dunn  
 Diane & Moshe Einav  
 Arlene & Richard Englander  
 Bea Franklin  
 Marilyn & Alan Freedman  
 Jim Gelman  
 Dr. & Mrs. Gerstein  
 Stefanie & Ed Gottlieb  
 Carol Hoffman  
 Nancy Koopersmith  
 Geri & Alan Krim and Family  
 Dr. & Mrs. Howard Prusack  
 Penny Schuster and Family

Dr. Douglas Segan  
 Denise, Phil & Ilana Sherman

**SPECIAL TEMPLE EVENTS AND DONATIONS****Hebrew High School Dinners****The Price Family****The Sklar Family**

We apologize if your donation has not been listed. We appreciate each and every donation. At this time, we are not able to acknowledge every donor in our bulletin.

**ADDITIONAL ACKNOWLEDGEMENTS**

Thank you so much to Rabbi Jay, Cantor Galina, Damian Giorlando, our Tech Maven, our ace team in our virtual office (Ellen Gwozd, Theresa Whalen and Alan Freedman), our intrepid crew of Officers (Dr. Fred Rudin, Penny Schuster, Elaine Prusack, Ed Gottlieb, Amir Gal and Alan Krim), our Trustees and all of our members and friends for your support and encouragement.

Sincere appreciation to Amir Gal for his generous and life-saving support in obtaining masks for South Nassau Hospital in memory of Wayne Price.

Thank you to Lauren Franklin who is part of the "Moms Making Masks" project for the front-line healthcare professionals.

Thank you to Elaine Prusack for donating fabric to the "Moms Making Masks" project.

Deep appreciation to the entire JCC team for their rapid response in helping our Temple members during this crisis.

**We appreciate your donations. Temple Israel provides you with a meaningful way to acknowledge a birthday, graduation, marriage or birth and all special occasions in the lives of those who are important to you or in memory of a loved one.**

**Please call the Temple Office if you wish to make a donation at (516) 239-1140.**

| MAY 2020  |   |  |   |  |   |  |
|---|---|--|---|--|---|--|
| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|   |   |  |   |  | 1<br>7:00 PM<br>Virtual<br>Shabbat<br>Service   | 2<br>9:30 AM<br>Virtual<br>Torah Study<br>& Service                            |
| 3<br>Hadassah Nassau<br>Stem Cell Virtual<br>Walk-a-Thon 2020 | 4<br>4:00 PM-4:45 PM<br>Virtual North<br>Shore School<br>Class  | 5<br>4:00PM -6:00 PM<br>Virtual Religious<br>School Classes<br><br>6:00 PM-7:00 PM<br>Virtual Hebrew<br>High School  | 6<br>3:00 PM<br>Officers Meeting<br><br>7:00 PM<br>Adult Ed-Irving<br>Berlin, talk with<br>John Kenrick                     | 7<br>7:30 PM<br>Virtual Happy Hour-<br>hosts Cantor &<br>Elaine  | 8<br>7:00 PM<br>Virtual<br>Shabbat<br>Service   | 9<br>9:30 AM<br>Virtual<br>Torah Study<br>& Service                            |
| 10  | 11<br>4:00 PM-4:45 PM<br>Virtual North<br>Shore School<br>Class<br><br>Erev Lag B'Omer                  | 12<br>4:00PM -6:00 PM<br>Virtual Religious<br>School Classes<br><br>6:00 PM-7:00 PM<br>Virtual Hebrew<br>High School | 13<br>7:30 PM<br>Adult Ed-Still<br>Moments Photo<br>Exhibition Live<br>Virtual<br>Walkthrough with<br>Gayle<br>Kirschenbaum | 14<br>7:30 PM<br>Virtual Socializing<br>and Happy Hour-<br>hosted by Cantor<br>Galina and Elaine                                 | 15<br>7:00 PM<br>Virtual Shabbat<br>Service   | 16<br>9:30 AM Virtual<br>Torah Study<br>& Service                              |
| 17  | 18<br>4:00 PM-4:45 PM<br>Virtual North<br>Shore School<br>Class<br><br>7:45 PM Virtual<br>Board Meeting | 19<br>4:00PM -6:00 PM<br>Virtual Religious<br>School Classes<br><br>6:00 PM-7:00 PM<br>Virtual Hebrew<br>High School | 20<br>7:30 PM<br>Adult Ed-Stand-Up<br>with Comic Nesil<br>Izil  | 21<br>7:30 PM<br>Virtual Socializing<br>and Happy Hour-<br>hosted by Cantor<br>Galina and Elaine<br><br>Erev Yom<br>Yerushalayim | 22<br>7:00 PM<br>Virtual<br>Shabbat<br>Service  | 23<br>9:30 AM Virtual<br>Torah Study<br>& Service                              |
| 24  | 25<br>Memorial Day  | 26<br>4:00PM -6:00 PM<br>Virtual Religious<br>School Classes<br><br>6:00 PM-7:00 PM<br>Virtual Hebrew<br>High School | 27<br>7:30 PM<br>Adult Ed-Integrity<br>First for America<br>with Amy<br>Spitalnick  | 28<br>7:30 PM<br>Virtual Socializing<br>and Happy Hour-<br>hosted by Cantor<br>Galina and Elaine<br><br>Erev Shavuot             | 29<br>7:00 PM<br>Virtual Shabbat<br>Service-<br>Awards/Moving<br>Up Ceremony<br><br>First Day Shavuot | 30<br>9:30 AM Virtual<br>Torah Study<br>& Service<br><br>Second Day<br>Shavuot |
| 31  |   |  |   |  |   |  |

Temple Israel graciously acknowledges our weekly Bimah Flowers donated by:

Robert Holland (516) 569-2100  
robert@dspfloral.com (516) 371-0600



100 East Mineola Avenue, Valley Stream, NY 11580

Manhattan, NY (212) 688-9100 Brookville, NY (516) 864-0606 New Jersey (973) 535-5600

www.DalsimerSpitzAndPeck.com

Would you like to see your business advertised here? Please call the Temple Office 516-239-1140

### Warren Levi Martial Arts

**We Offer:**



Kids Karate & Adult Karate  
Muay Thai, Brazilian Jiu Jitsu,  
Krav Maga, Boot Camp,  
Functional Training,  
Kickboxing, Bag Class,  
Private Training Sessions,  
Separate Male & Female Classes,  
Shomer Shabbat

**CALL NOW 516-569-0808**

www.WarrenLevi.com  
136 Washington Ave.  
Cedarhurst, NY 11516  
Parking Available



**Commercial • Residential • Investments  
Business Brokerage • Property Management**

### ALAN HARTSTEIN

Licensed Associate Broker  
Licensed Notary Public

Cell Phone 516-317-4180

Office: 516-295-3000 950 Broadway  
Fax: 516-295-3060 Woodmere, NY 11598  
Email: ahartstein@pugatch.com www.pugatch.com

Harris Moreida Howard Moreida

M-F 7am-7pm  
Sat. 7am-6pm  
Sun. 8am-5pm



**Your Dry Cleaner For Life!**  
Family Owned & Operated for 50 Years!

**516.374.3900**

1345 Peninsula Blvd., Hewlett

www.TheAmericanDriveInCleaners.com



**www.hewlett.minutemanpress.com**  
TEL 516.569.5577 FAX 516.569.4740

1315 BROADWAY, HEWLETT, NY 11557

### Boulevard-Riverside Chapels

1450 Broadway  
Hewlett, New York 11557 (516)  
295-3100 (516) 327-7100

Director: Stanley Misikoff z"l

### WALL'S BAKE SHOP

1336 Broadway - Hewlett  
374-3771



Serving the finest in  
Quality Bakery Products

## KEEP CONNECTED

MAY 2020

During the month of May, our bulletin's calendar lists our scheduled Virtual Events. Please check our emails to you, our Facebook, Twitter or Instagram pages for updates.

I hope you enjoyed the Passover recipes shared in last month's bulletin. The last two were my family's favorites and the first one was from Facebook. This month I would like to share some Shavuot recipes with you. It is the tradition of some families to eat dairy and honey during this time. No one knows for certain why it is done. It could be that Israel is known as the land of milk and honey.

If you would like to share some summer time recipes with your temple family, please send them to [theresa.whalen@tilny.org](mailto:theresa.whalen@tilny.org).

Gerri Krim

---

### Heirloom Tomato Salad with Goat Cheese and Arugula

Prep Time: 10 mins. Cook Time 0. Total Time: 10 mins. Serves 4

#### Ingredients

##### For the salad:

2 pounds heirloom tomatoes  
Or whatever tomatoes you have  
5 ounces baby arugula  
4 ounces chèvre (goat milk cheese)

##### For the vinaigrette

1/4 cup extra virgin olive oil  
2 tablespoons balsamic vinegar  
2 teaspoons honey  
2 tablespoons fresh basil  
(finely chopped, or 1 tablespoon dry)

#### Directions

Slice tomatoes into ¼ rounds or in half if using cherry or like tomatoes.  
Divide tomatoes onto four plates.  
Divide arugula or whatever similar green over the tomatoes.  
Crumble the cheese over the tomatoes and arugula.

In a small bowl, whisk together the four remaining ingredients.  
Drizzle each salad with vinaigrette.  
Serve immediately.

---

### Pea and Artichoke Pasta

Prep Time: 15 mins. Cook Time: 15 mins. Total Time: 30 mins. Serves 4

#### Ingredients

½ pounds pasta (your favorite)  
1 tablespoon olive oil  
4 cloves of garlic, chopped  
1 pound frozen artichoke bottoms,  
thawed and sliced (you can also use  
artichoke hearts, frozen or canned)  
1 ½ cup peas (fresh or frozen)  
1 pint grape tomatoes, sliced  
2 tbs capers  
1 tbs dry oregano  
1/4 cup fresh lemon juice  
(you can add more or less, to taste)  
½ cup of a cheese that crumbles such  
as feta or blue cheese

#### Directions

Cook the pasta al dente, following the directions on the package.  
In the meantime, heat the olive oil in a large nonstick skillet.  
Add the garlic and cook over medium heat for about a minute,  
stirring constantly so it doesn't burn.  
Add the artichokes and cook for another 2 minutes.  
Add the peas, tomatoes, capers and oregano and continue cooking  
for 5-7 minutes.  
Add the lemon juice and cook for about 3 more minutes.  
Scoop the pasta out of the water, add it to the skillet and toss well.  
Add salt and pepper to taste if desired and the cheese.  
Serve warm

Shavout Recipes continue on Page 3 of this issue.